



Dear Perspective Student Athletic Trainer and Parents,

We are excited you have shown an interest in the Conroe High School Sports Medicine Program. Our current staff works with over 50 teams and approximately 15 sports. The Sports Medicine program is a great way to meet students, coaches, administrators, and local physicians. If you have any interest in the medical field or need an addition to your college application, this is a great program.

A student athletic trainer has many responsibilities. They will work hand in hand with the Licensed Athletic Trainers to provide treatment, rehabilitation, and injury evaluation for the student athletes. They will learn First Aid/CPR, the anatomy of the human body, and techniques to tape and wrap ankles, elbows, knees, etc. This is an excellent opportunity to gain confidence in first aid, CPR, physical therapy, and many other medical fields.

We expect our students to be dedicated to our program. At Conroe High School, we believe you are here to get an education first. Therefore, we must insist that our student athletic trainers adopt this philosophy as well. We will monitor grades and class progress every three weeks, and will arrange for your student to attend tutorials if needed. We also want well-rounded students in our program and encourage our students to be involved in many different programs. We will do our best to work around these other activities. We hope that as a member of our staff you develop responsibility, self-confidence, time management, and a desire to develop your talents as a student athletic trainer.

The workload of a student athletic trainer is demanding. You can expect physical work and long hours, which may conflict with your social or family calendars. You will sacrifice afternoons during football season, a couple of evenings a week, and an occasional Saturday. It is important that you and your parents understand the commitment that is needed to be a member of our staff.

The application process for 8th grade students includes: The attached information form must be completed and turned in by Wednesday March 11, 2022. You must also turn in a copy of your most recent report card and a copy of your current schedule. After completing the paperwork, turn all forms into your Counselor on your Junior High campus.

The application process for current high school students includes: The attached information form must be completed and turned in by Wednesday March 11, 2022. This completed form must be turned into the Athletic Training room at Conroe High School main campus or 9th grade campus.

Failure to complete one-step of the application process will eliminate you from consideration for a spot on our staff!!! Once all applications and requirements are complete, you will be notified via the email provided on your information sheet if you have been selected into the CHS Sports Medicine Program for the 2022-2023 school year. You will receive this email by Friday April 1st. If you are accepted into the program, you must respond to the email by Friday April 8th with all requested information.

We really hope you are interested in joining our staff. If you have any questions please feel free to contact one of us at the numbers or email listed below.

Sincerely,
Rob Phillips
Athletic Trainer
(936) 709-5829
rphillips@conroeisd.net

Christy Waguespack
Athletic Trainer
(936) 709-5828
cwaguespack@conroeisd.net

Dani Merrick
Athletic Trainer
(936) 709-5793
emerrick@conroeisd.net



Frequently Asked Questions

What is Athletic Training?

- 1 Athletic Training is the care and prevention of athletic injuries. This includes the prevention, recognition, evaluation, and rehabilitation of athletic injuries.

What are the duties, roles and responsibilities of the Student Athletic Trainer?

- 1 Assist the Licensed Athletic Trainers
- 2 Help keep a neat and orderly Training Room
- 3 Assist in all rehabilitation, taping, wrapping, and first aid of all athletes
- 4 Set up for all practices and games
- 5 Stocking medical kits and training room with supplies
- 6 Assist with pre-season physicals
- 7 Coverage of all games

Will I receive Academic Credit as a Student Athletic Trainer?

- 1 Yes. Athletic Training will count as Physical Education.
- 2 You will gain ½ of a credit per semester for two semesters.

Will I be required to stay after school?

- 1 During the fall semester we will break you into teams. You will be required to work practices on a weekly basis.
- 2 For teaching sessions a few days a week after football season.
- 3 After football season, Student Athletic Trainers will cover games and tournaments.
- 4 Some events will require that you cover events on Saturdays and Holidays.

What will I learn in this class?

- 1 Basic First Aid
- 2 Cardio-Pulmonary Resuscitation (CPR) & Automated External Defibrillator (AED)
- 3 Taping & Wrapping
- 4 Anatomy
- 5 Rehabilitation of Injuries and Surgeries

What are the benefits of being a Student Trainer?

- 1 Receive PE Credit
- 2 Recognition at Games, Pep Rallies and Banquets
- 3 Earn Annual Awards for Athletic Training Services

Will there be a cost?

- 1 The only cost to the Student Trainer will be to make sure that you have khaki shorts and pants for games.
- 2 Items furnished will be- game shirts, t-shirts, fanny packs etc.



Student Athletic Trainer Information Sheet

Student Name: _____ Grade 2022-2023: _____

Age: _____ Date of Birth: _____ Parent/Guardian Name(s): _____

Address: _____

Home Phone: _____ Parent's Work Phone: _____

Parent/ Guardian Cell Phone(s): _____

Parent/Guardian E-mail Address: _____

Student Cell Phone: _____ Student E-Mail: _____

Have you ever received a referral for anything other than tardies? If so, what for? (AP Must Sign)

Have you ever been assigned to ASD, ISS, DAEP or any other disciplinary action? If so, what for and for how long?
(AP Must Sign) _____

Please list your grades for the following classes and include a **copy of your current schedule and most recent report card**:

Math: _____ English: _____ Science: _____ History: _____

What is your overall Grade Point Average: _____

Will you enroll in AP/ Honors Classes next school year? Yes _____ No _____

I verify the applicant's information to be correct and would recommend their acceptance into the program.

Counselor's Signature

Please list ALL activities (ex. sports, church, clubs, work etc.) you plan to be involved in while at Conroe High School.

Please be aware that on certain days you will need a ride late at night, early in the morning or on weekends. Will transportation ever be an issue? If yes, please explain.



Please explain why you want to be a Student Athletic Trainer at Conroe High School.

What are your expectations for the Sports Medicine Program?

Do you have any friends or family members currently or have been in the Sports Medicine program? Please list

How do you feel Sports Medicine can help you achieve your future goals?