



**All Completed Applications
are Due By Friday March 6th.**

Conroe High School Sports Medicine

Dear Prospective Student Athletic Trainer and Parents,

We are excited you have shown an interest in the Conroe High School Sports Medicine Program. Our current staff works with over 50 teams and approximately 20 sports. The Sports Medicine program is a great way to meet students, coaches, administrators, and local physicians. If you have any interest in the medical field or need an addition to your college application, this is a great program.

A student athletic trainer has many responsibilities. They will work hand in hand with the Licensed Athletic Trainers to provide treatment, rehabilitation, and injury evaluation for the student athletes. They will learn First Aid/CPR, the anatomy of the human body, and techniques to tape and wrap ankles, elbows, knees, etc. This is an excellent opportunity to gain confidence in first aid, CPR, physical therapy, and many other medical fields.

We expect our students to be dedicated to our program. At Conroe High School, we believe you are here to get an education first. Therefore, we insist that our student athletic trainers adopt this philosophy as well. We will monitor grades and class progress every three weeks, and will urge your student to attend tutorials if needed. We also want well-rounded students in our program and encourage our students to be involved in many different programs. We will do our best to work around these other activities. We hope that as a member of our staff you develop responsibility, self-confidence, time management, and a desire to develop your talents as a student athletic trainer.

The workload of a student athletic trainer is demanding. You can expect physical work and long hours, which may conflict with your social or family calendars. You will sacrifice afternoons during football season, a couple of evenings a week, some school holidays and an occasional Saturday. It is important that you and your parents understand the commitment that is needed to be a member of our staff.

The application process for current 8th grade students: There are many ways to get an application, pick one up from the Counselors office or send an email to one of the Athletic Trainers listed below. This packet and all requested information must be turned in by **Friday March 6th**. Return all completed forms to the Counselors office or emailed to one of the Licensed Athletic Trainers listed below.

The application process for current High School Students: There are many ways to get an application, pick one up from the Athletic Training Room or send an email to one of the Athletic Trainers. This packet and all requested information must be turned in by **Friday March 6th**. The completed application can be returned to the Athletic Training Room or emailed to one of the Licensed Athletic Trainers listed below.

Failure to complete one-step of the application process will eliminate you from consideration for a spot on our staff!!! Once all applications and requirements are complete, you will be notified via the email provided on your application if you have been selected into the CHS Sports Medicine Program for the 2026-2027 school year. You will receive this email by Friday March 27th. If you are accepted into the program, you must respond to the email by Tuesday April 7th with all requested information.

We really hope you are interested in joining our staff. If you have any questions, please feel free to contact one of us at the numbers or email listed below.

Sincerely,
Rob Phillips
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rphillips@conroeisd.net

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Basic Program Information

Academic Expectations:

The main reason you are at Conroe High School is for an Education. Any student that is involved in a UIL extracurricular activity that fails any class during a UIL Grade Check period will result in a loss of eligibility. Failure to meet the academic standards of at least a 70 in every class will result in being placed on probation.

Listed below are a few items that could lead to your removal from the Athletic Training Program:

- It is possible to fail Athletic Training - class assignments, projects, dress code and promptness will affect your grade. If you fail Athletic Training, you will be removed from the program. Please understand this may mean that you could be placed in PE.
- If you fail 3, 3-week grade checks in a year, or if you are continually ineligible for 6 continuous weeks you will be removed from the program. Your grades are very important!!
- Student athletic trainers shall maintain good conduct at all times.
- If you are continually tardy to any class or have excessive absences from any class you could be removed from the program.
- If placed in Alternative School or suspended from school, the student will be removed from the program immediately.
- If placed in ASD, ISS or Saturday school the penalty will be at the discretion of the Licensed Athletic Trainers. Removal from the program is an option.

Scheduling:

An athletic calendar will be created and printed each month. All games will be listed on the calendar and you will be responsible for picking what games you want for the month. The times listed on the calendar are the actual game times. We will list the arrival and departure times on the board in the training room. Remember the game times and return home times can change due to weather or game length.

It is **YOUR** responsibility to read the calendar and know what days you are scheduled to work. This is vital to the success of our athletic training staff. Not having a copy of the schedule is not an excuse.

Dress Code:

The student athletic trainers will dress appropriately for each location they will be working in. The student athletic trainer will look professional since they are representing not only the Sports Medicine Program, but also Conroe High School and Conroe ISD.

The program will provide a set off clothes, such as polos, t-shirts, hoodies and jackets. You are expected to dress out every day during your athletic class period. Students will return the required clothing at the end of the year. You will be held financially liable for any damaged or missing clothing. We completely understand normal wear and tear.

You will need to provide the following items: Black khaki style pants and shorts, and black athletic style shorts. These items must meet school dress code rules.



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Frequently Asked Questions

What is Athletic Training?

1. Athletic Training is the care and prevention of athletic injuries. This includes the prevention, recognition, evaluation, and rehabilitation of athletic injuries.

What are the duties, roles and responsibilities of the Student Athletic Trainer?

1. Assist the Licensed Athletic Trainers
2. Help keep a neat and orderly Training Room
3. Assist in all rehabilitation, taping, wrapping, and first aid of all athletes
4. Set up for all practices and games
5. Stocking medical kits and training room with supplies
6. Assist with pre-season physicals
7. Coverage of all games- Home and Away

Will I receive Academic Credit as a Student Athletic Trainer?

1. You will gain ½ of a credit per semester for two semesters.

Will I be required to stay after school?

1. During the fall semester, you will be divided into two teams. You will be required to work practices on a weekly basis.
2. For teaching sessions a few days a week after football season.
3. After football season, Student Athletic Trainers will cover games and tournaments.
4. Some events will require that you cover events on Saturdays and Holidays.

What will I learn in this class?

1. Basic First Aid
2. Cardio-Pulmonary Resuscitation (CPR) & Automated External Defibrillator (AED)
3. Taping & Wrapping
4. Anatomy
5. Rehabilitation of Injuries and Post-Surgical Injuries

What are the benefits of being a Student Trainer?

1. Recognition at Games, Pep Rallies and Banquets
2. Earn Annual Awards for Athletic Training Services

Will there be a cost?

1. The cost to the Student Trainer will be to make sure that you have black athletic shorts, black khaki shorts, black khaki pants and tennis shoes for games.
2. Items furnished will be- game shirts, t-shirts, fanny packs, jackets, hoodies etc.



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Student Athletic Trainer Application

Student Name: _____ Student ID#: _____

Grade 2025-2026: _____ Age: _____ Date of Birth: _____

Parent/Guardian Name(s): _____

Address: _____

Home Phone: _____ Parent's Work Phone: _____

Parent/ Guardian Cell Phone(s): _____

Parent/Guardian Email Address: _____

Student Cell Phone: _____ Student Email: _____

Student Hobbies: _____

Future Career Interests: _____

Have you ever received a referral for anything other than tardies? If so, what for? (AP Must Sign)

Have you ever been assigned to ASD, ISS, DAEP or any other disciplinary action? If so, what for and for how long?
(AP Must Sign) _____

What is your overall Grade Point Average: _____

Will you enroll in AP/ Honors Classes next school year? Yes _____ No _____

Do you know anyone previously or currently on the CHS Sports Medicine Staff? (If Yes Please Explain)

Please list ALL activities (ex. sports, church, clubs etc.) you plan to be involved in while at Conroe High School.

Do you plan on having a job while being a Student Athletic Trainer? YES NO

Please be aware that on certain days you will need a ride late at night, early in the morning or on weekends. Will transportation ever be an issue? Yes No
If yes, please explain.

This question requires Parent Signature: _____

